



Menus for November 2022

Henry County Middle Schools

This institution is an equal opportunity provider.
Menus are subject to change.



Join us for our Thanksgiving Feast

Thursday, November 10th



Featured Specials of the Day

Tuesday, November 1

WG Muffin w/ Yogurt, Breakfast Bun, Cheeseburger, Garden Salad w/ Chicken, Deli Turkey Sandwich, Seasoned Fries, Carrot Sticks w/ Ranch, Sliced Pears

Wednesday, November 2

Sausage Biscuit, Assorted Cereal, Chicken Nuggets w/ Roll, PBJ/Wow Sandwich w/ Chips, Steamed Broccoli, Mashed Potatoes, Fresh Apple

Thursday, November 3

Breakfast Pizza, Assorted Cereal, Chicken Strips & Mac & Cheese, PBJ/Wow Sandwich w/ Chips, Carrot Sticks w/ Ranch, Sweet Peas, Frozen Juice Cup

Friday, November 4

Chicken Biscuit, Assorted Cereal, Stuffed Crust Pizza, PBJ/Wow Sandwich w/ Chips, Whole Kernel Corn, Garden Salad w/ Ranch, 100% Fruit Juice

Featured Specials of the Day

Monday, November 7

Blueberry Mini Pancakes, Assorted Cereal, Crisпитos w/ Salsa, PBJ/Wow Sandwich w/ Chips, Black Beans, Cucumber Salad, Pineapple Tidbits

Tuesday, November 8

No School, Professional Learning Day

Wednesday, November 9

Sausage Biscuit, Frosted Breakfast Pastry, Popcorn Chicken w/ Roll, PBJ/Wow Sandwich w/ Chips, Steamed Broccoli, Scalloped Potatoes, Fresh Apple

Thursday, November 10

WG Muffin w/ Yogurt, Breakfast Bun Turkey & Dressing, PBJ/Wow Sandwich w/ Chips, Green Beans, Sweet Potatoes, Cranberry Sauce, Fruit Cocktail

Friday, November 11

Chicken Biscuit, Assorted Cereal, Stuffed Crust Pizza, PBJ/Wow Sandwich w/ Chips, Whole Kernel Corn, Garden Salad w/ Ranch, 100% Fruit Juice

Available Daily

Breakfast (in blue):

Assorted Cereal
Assorted Pastries
Fresh Apples & Oranges
100% Fruit Juice
Choice of Low Fat Milk

Lunch:

Pizza
Chicken Wrap Tray
Fresh Apples & Oranges
Choice of Low Fat Milk

*Pork products listed in pink.

Still the Best Deal in Town!

BREAKFAST: \$1.25 LUNCH: \$2.60

DON'T 4GET!

Take at least ONE

FRUIT or VEGGIE

and at least THREE items total so your meal counts as a complete lunch!

Featured Specials of the Day

Monday, November 14

Strawberry Mini Pancakes, Cheese Grits w/ Toast, Assorted Cereal, BBQ Sandwich, Hot Dog, Coleslaw, Baked Beans, Pineapple Tidbits

Tuesday, November 15

WG Muffin w/ Yogurt, Breakfast Bun, Beefy Nachos, Garden Salad w/ Chicken, PBJ/Wow Sandwich w/ Chips, Pinto Beans, Salsa, Carrot Sticks w/ Ranch, Fresh Apple

Wednesday, November 16

Sausage Biscuit, Assorted Cereal, Chicken Nuggets w/ Roll, PBJ/Wow Sandwich w/ Chips, Steamed Broccoli, Mashed Potatoes, Sliced Peaches

Thursday, November 17

Blueberry Pancake Stick, Breakfast Frudel, Chicken Noodle Soup w/ Toasted Cheese Sandwich, PBJ/Wow Sandwich w/ Chips, Green Beans, Carrot Sticks w/ Ranch, Frozen Juice Cup

Friday, November 18

Chicken Biscuit, Assorted Cereal, Stuffed Crust Pizza, PBJ/Wow Sandwich w/ Chips, Whole Kernel Corn, Garden Salad w/ Ranch, 100% Fruit Juice

Thanks giving

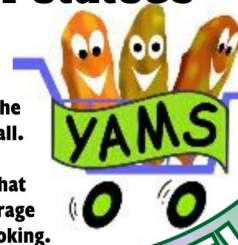
ENJOY YOUR
HOLIDAY WEEK!
SEE YOU MONDAY!

HARVEST OF THE MONTH:

VEGETABLE

Sweet Potatoes

Often called "yams" (although they're not really the same thing), sweet potatoes are among the most nutritious veggies of all. They have a natural, delightful sweetness that increases with storage and with cooking.



OF THE MONTH

Featured Specials of the Day

Monday, November 28

Blueberry Mini Pancakes, Assorted Cereal, Crisritos w/ Salsa, PBJ/Wow Sandwich w/ Chips, Black Beans, Cucumber Salad, Pineapple Tidbits

Tuesday, November 29

WG Muffin w/ Yogurt, Mini Bagels w/ Cream Cheese, Chicken Sandwich, Garden Salad w/ Chicken, Deli Turkey Sandwich, Potato Tots, Carrot Sticks w/ Ranch, Sliced Pears

Wednesday, November 30

Sausage Biscuit, Frosted Breakfast Pastry, Popcorn Chicken w/ Roll, PBJ/Wow Sandwich w/ Chips, Steamed Broccoli, Scalloped Potatoes, Fresh Apple

Thursday, December 1

Breakfast Pizza, Assorted Cereal, Taco Soup w/ Tortilla Chips, Corn Dog Sweet Potato Fries, Carrot Sticks w/ Ranch, Frozen Juice Cup

Friday, December 2

Chicken Biscuit, Assorted Cereal, Stuffed Crust Pizza, PBJ/Wow Sandwich w/ Chips, Whole Kernel Corn, Garden Salad w/ Ranch, 100% Fruit Juice

School Meal Prices	School Breakfast	School Lunch
Students Grades K-5	\$1.25	\$2.50
Students Grades 6-12	\$1.25	\$2.60
Student Reduced-Priced Meals	\$0.30	\$0.40
Student Second Meals	\$2.25	\$3.50
MILK ONLY	\$0.50	\$0.50
Adult Meals	\$2.25	\$3.50